

University of Regina

FACULTY OF KINESIOLOGY & HEALTH STUDIES

ACADEMIC UNIT REVIEW SELF STUDY REPORT

SPRING 2022

1. BACKGROUND

Historical Overview (Timeline):

- 1966 – Department of Physical Education established
- 1969 – Peter Ventre appointed as director, Department joins Faculty of Education
- 1972 – Department leaves Education, oversight provided by Academic Vice President
- 1974 – University of Regina established
- 1977 – Department renamed Physical Activity Studies; Certificate in Physical Activity Studies (Adapted Physical Education) created
- 1984 – Established as the Faculty of Physical Activity Studies; Bachelor of Physical Activity Studies, with majors in Fitness & Lifestyle, Adapted Physical Activity, Recreation Administration, and Sport Administration offered.
- 1994 – Began offering graduate level program: Special Case Master's in Physical Activity Studies
- 1999 – Graduate degree formalized as a Master of Science (Physical Activity Studies)
- 2002 – Faculty renamed as Kinesiology and Health Studies; new undergraduate degree offered: Bachelor of Kinesiology (Fitness & Lifestyle; Adapted Physical Activity; Recreation & Sport Administration)
- 2002 – Athletic Therapy Concentration (Fitness & Lifestyle) added through partnership with Mount Royal's Advanced Certificate in Athletic Therapy
- 2004 - Special Case Ph.D. added
- 2006 – Bachelor of Health Studies created and offered (administered jointly by Arts, First Nations University, KHS)
- 2007– Gerontology Concentration (Fitness & Lifestyle) added through partnership with MRU's Certificate in Gerontology
- 2007 – Academic Unit Review held
- 2010 – Revision of Bachelor of Kinesiology (Human Kinetics, Adapted Movement Science, Gerontology, Health Promotion, Athletic Therapy – Note: AT and Gero delivered through agreements with MRU)
- 2010 – Creation of Bachelor of Sport and Recreation Studies (BSRS). Two majors: Therapeutic Recreation, Sport & Recreation Management
- 2010 – Strategic decision made to pursue systematic development of online course delivery (beginning with the BKIN/BSRS core courses)
- 2010 – PhD program approved and added
- 2011 – Joint Degree program, between Education (PE) and KHS (BKIN, Physical Literacy Major)
- 2011 – Annual Distinguished Alumni and Fieldwork Partner Awards established

- 2013 – Integration of Adapted Movement Science into Human Kinetics major; two concentration options created for Human Kinetics major– High Performance, Adaptation and Rehabilitation
- 2016– Paid internship option made available to BSRS (SRM) students in lieu of fieldwork.
- 2017 – First organized intensive study abroad experience/course delivered. Second one came in 2019.
- 2021 - Joint degree established between Business and KHS – BBA & BSRS (SRM – Internship)

2. Overview of Organizational Structure:

A. Day-to-Day Operations

1. Executive Leadership Team (ELT) (i.e., direct reports to the Dean)

Accountable to the University for Faculty level decisions and activities

The ELT is made up of the following roles: *Dean, Associate Dean – Undergraduate, Associate Dean – Graduate Studies, Research & Special Projects, Director - KHS Operations, Director - Sport, Community Engagement, and Athlete Development, Executive Assistants*

2. Strategic Leadership Team (SLT)

Provides Faculty level leadership & are accountable for actions and decisions made by Operational Support Teams, Core Programming Teams, and Strategic Portfolio Clusters.

The SLT is made up of the following roles: *Members of ELT, Manager - Facility Services, Co-ordinator - Health & Performance Programming, Co-ordinator - Student & Youth Programming, Manager - KHS Communication & Marketing, Manager - Business Operations, Faculty Donor Officer, Faculty Advancement Coordinator, Executive Assistants*

3. Operational Support Teams

These teams provide important support for all four Core Programming Teams (refer to #4 below).

The Operational Support Teams (OST) include: *Business Operations Team, Communications and Marketing Team, Development, Fundraising & Sponsorship Team, Facilities & Student Employee Team*

4. Core Programming Teams

These teams are responsible for (a) the delivery of the Faculty's core programming; (b) delivering on strategic initiatives in the Faculty; (c) micro level planning; (d) activating macro plans & initiatives

Core Programming Teams are: *Teaching, Research and Academic Programming (TRAP), Varsity and Club Sport Programming (VCSP), Campus & Community Programming (CCP)*

B. The Strategic Elements

1. Strategic Portfolio Clusters¹

These clusters are responsible for annual high-level strategic planning and monthly/bi-monthly² oversight of key Faculty strategic operations. Each includes at least some representation from the Strategic Leadership Team, Core Programming Teams, and Operational Support Teams. May also include student representatives and/or representatives from University Units or Community Partners (e.g., Rams, etc.)

Current Clusters include: *Programming Portfolio Team (PPT), Athlete Health & Performance initiative (AHPi), Events Portfolio Team (EPT) (see Appendix 3 for TOR)*

Organizational structure document available in Appendix 1

Faculty's current strategic plan update document is available in Appendix 1a

¹ May add or subtract clusters as determined strategically in our 5-year cycle. Others might include: Community Engagement and Outreach, Student & Athlete Learning and Leadership Development, Academic & Research Programming and Initiatives

² Dependant on what the cluster believes is required

2. STAFFING AND RESOURCES

2.1. Staffing - faculty, instructors, lab instructors, technicians, and support staff

Position Title	Unit	Type	Name	NOTES
Admin Asst. (C&C Prog)	Bus Op	CUPE 4	Lily Chu	
Admin Asst. (TRAP)	Bus Op	CUPE 4	Jolene Goulden	
Admin Asst. (CHWP, C&C Prog)	Bus Op	CUPE 4	Leanne Deiter	
Admin Asst. (Financial)	Bus Op	CUPE 4	Shirley Plessl	
Admin Asst. (TRAP)	Bus Op	CUPE 4	Danielle Ing	
Administrator, Systems Support	Bus Op	APT 3	Brennan Kayter-Zehner	
Manager, Systems & NC Business	Bus Op	APT 5	Janet Walbaum	
CHWP, Assistant Consultant	C&C Prog	APT 4	Jon Silbernagel	
CHWP, Assistant Consultant	C&C Prog	APT 4	Jen Ruland	
CHWP, Assistant Consultant	C&C Prog	APT 4	Danielle Houle	Leave
CHWP, Assistant Consultant	C&C Prog	APT 4	Patrick Bernat	Term
CHWP, Assistant Consultant	C&C Prog	APT 4	Robert Bailie	Term
CHWP, Assistant Consultant	C&C Prog	APT 4	Sara Butchart	Term
CHWP, Coordinator	C&C Prog	APT 6	Erin Tyson	
Coordinator, Youth Programming	C&C Prog	APT 4	Alison Fisher	
Donor Officer	Development	APT 6	Tanya Reynoldson	UAC/KHS
Faculty Advancement Coordinator	Development	APT 5	Kelsey Garner	UAC/KHS
Associate Dean, GSR & SP	ELT	OOS	Larena Hoeber	
Associate Dean, UG	ELT	OOS	Doug Cripps	
Dean	ELT	OOS	Harold Riemer	
Director, KHS Operations	ELT	OOS 7	Eric Exner	
Director, SCEAD	ELT	OOS 9	Lisa Robertson	
Executive Assistant	ELT	OOS4	Echo Ward	
Executive Assistant	ELT	OOS4	Shauna Machnaik	
Coordinator	Facility Op.	APT 4	Gabor Jerkovits	
Admin Asst.	Facility Op.	CUPE 4	Adrian Casas-Lupercio	
Facilities Services Attendant	Facility Op.	CUPE 2	Jessie McGowan	.5 FTE
Facilities Services Attendant	Facility Op.	CUPE 2	Michael Qing	.5 FTE
Manager	Facility Op.	APT 5	Chris Wermie	
Manager (formerly SID)	Mkt & Comm	APT 5	Braden Kenschuh	
Coordinator, Mkt & Events	Mkt & Comm	APT 4	Andrew Hamilton	Term
Videographer	Mkt & Comm	APT 4	Arthur Ward	0.4 Term*



Position Title	Unit	Type	Name	NOTES
Academic Advisor	TRAP	APT 3	Heather Wickenheiser	
Academic Coordinator	TRAP	APT 5	Jennifer Love Green	
Assistant Professor	TRAP	URFA	Elizabeth Cooper	
Assistant Professor	TRAP	URFA	Cory Kulczycki	
Assistant Professor	TRAP	URFA	Roz Kelsey	
Assistant Professor	TRAP	URFA	Michael Dubnewick	
Assistant Professor	TRAP	URFA	Brenda Rossow-Kimball	
Assistant Professor	TRAP	URFA	Cameron Mang	
Assistant Professor	TRAP	URFA	Julia Totosy de Zepetnek	
Assistant Professor	TRAP	URFA	Tristan Hopper	
Associate Professor	TRAP	URFA	Rebecca Genoe	
Associate Professor	TRAP	URFA	Darren Candow	
Associate Professor	TRAP	URFA	James Daschuk	
Associate Professor	TRAP	URFA	Paul Bruno	
Associate Professor	TRAP	URFA	Katya Herman	
Clinical Instructor	TRAP	URFA	Korinne Lott	Term
Experiential Learning Coordinator	TRAP	URFA	Brandy West-McMaster	
Instructor II	TRAP	URFA	Erica O'Neill	.2 Soft
Instructor III	TRAP	URFA	Barclay Dahlstrom	
Professor	TRAP	URFA	June LeDrew	
Professor	TRAP	URFA	Kim Dorsch	
Professor	TRAP	URFA	John Barden	
Professor	TRAP	URFA	Patrick Neary	
Admin Coordinator	VCSport	APT 2	Jill Fulton	
Assistant Athletic Therapist	VCSport	APT 4	Racquel Marshall	Hourly
Assistant Athletic Therapist	VCSport	APT 4	Erica O'Neill	0.8 FTE
Assistant Coach, Football	VCSport	OOS 5	Sheldon Gray	0.5 FTE
Assistant Coach, Football	VCSport	OOS 5	Bruce D. Anderson	
Head Athletic Therapist	VCSport	APT 5	Nicole Renneberg	
Head Coach - Men's BB	VCSport	OOS 6	Steve Burrows	
Head Coach - Men's Hockey	VCSport	OOS 6	Todd Johnson	
Head Coach - Soccer	VCSport	OOS 6	Astrid Baecker	
Head Coach - Swimming	VCSport	OOS6	Craig Nieustad	0.25 FTE
Head Coach - Track & Field	VCSport	OOS 6	Wade Huber	
Head Coach - Women's BB	VCSport	OOS 6	Dave Taylor	
Head Coach - Women's Hockey	VCSport	OOS 6	Sarah Hodges	
Head Coach - Women's VB	VCSport	OOS 6	Melanie Sanford	

Position Title	Unit	Type	Name	NOTES
Head Coach - Football	VCSport	OOS 7	Mark McConkey	
Other Casual/Contract Staff		Unit		
Student Admin Assistants	Bus Op			
Fitness Instructors	C&C Prog			
Facility Attendants (students)	Facility Op.			
Lifeguard (students)	Facility Op.			
Creative Media Team (students)	Mkt & Comm			
Event Staff (students & other)	Mkt & Comm			
Sessional Instructors	TRAP			
Graduate Teaching Fellows	TRAP			
Ras	TRAP			
TAs	TRAP			
Interns & Graduate Assistants	Various			
Assistant Coaches (Fund Raising)	VCSport			

Legend:

Bus Op	<i>Business Operations Support Team</i>
C&C Prog	<i>Campus and Community Programming Team</i>
Development	<i>Development, Fundraising & Sponsorship Team (in partnership with University Advancement and Communication)</i>
ELT	<i>Executive Leadership Team</i>
Facility Op	<i>Facility Operations Support Team</i>
Mkt & Comm	<i>Marketing and Communications Support Team</i>
TRAP	<i>Teaching, Research and Academic Programming</i>
VCSport	<i>Varsity and Club Sport Programming</i>

2.2. Resources

2.2.1. Teaching/Research/Activity/Office/Storage Space

Room	Use & Allocation	M²	Cap.
CK023.2	Storage (Basement)	63.7	0
CK023.2.2	Storage (Basement)	7.2	0
CK023.2.3	Storage (Basement)	7.5	0
CK023.2.4	Storage (Basement)	7.6	0
CK113	Dance Studio - Activity Space /Teaching (Streaming Space)	162.6	30
CK113.1	Dance Studio Storage	28.5	0
CK115	SHERU - Not KHS Currently	49.9	5
CK115.1	SHERU - Not KHS Currently	18.5	6
CK115.1.1	SHERU - Not KHS Currently	19.4	1
CK115.2	SHERU - Not KHS Currently	15.9	1
CK115.3	SHERU - Not KHS Currently	15.9	1
CK115.4	SHERU - Not KHS Currently	15.7	1
CK116	Storage - Community Programming	14.7	1
CK116.1	Graduate Student Space	21.1	0
CK117	Gym 2	906.1	0
CK117.1	Gym 2 Storage	82.6	0
CK117.1.1	Gym 2 Storage	46.2	0
CK119	Equipment Room - Facility Operations	135.7	2
CK119.1	Equipment Room - Facility Operations	30.2	1
CK122	Gym 1 (Streaming Space)	910.1	512
CK122.1	Gym 1 Storage	27.4	0
CK122.1.1	Gym 1 Storage	14.6	0
CK125	Change Room & Shower Facilities	37.0	30
CK126	Change Room & Shower Facilities	324.3	0
CK126.2	Change Room & Shower Facilities	28.2	71
CK126.3	Change Room & Shower Facilities	7.2	10
CK126.4	Change Room & Shower Facilities	32.0	32
CK126.4.3	Change Room & Shower Facilities	18.4	4
CK126.5	Change Room & Shower Facilities	28.8	8
CK126.6	Change Room & Shower Facilities	52.2	22
CK127	Change Room & Shower Facilities	17.8	0
CK127.1	Change Room & Shower Facilities	5.3	1
CK128	Change Room & Shower Facilities	7.2	0
CK128.1	Change Room & Shower Facilities	4.1	1
CK129	Change Room & Shower Facilities	269.3	0

Room	Use & Allocation	M²	Cap.
CK129.1	Change Room & Shower Facilities	26.0	20
CK129.1.2	Change Room & Shower Facilities	11.9	2
CK129.1.3	Change Room & Shower Facilities	4.7	1
CK129.3	Change Room & Shower Facilities	8.5	10
CK129.4	Change Room & Shower Facilities	33.6	13
CK129.5	Change Room & Shower Facilities	11.8	0
CK129.6	Change Room & Shower Facilities	28.9	14
CK130	Change Room & Shower Facilities	28.2	24
CK132	Varsity Sport Coaches Offices	16.5	1
CK133	Varsity Sport Coaches Offices	19.2	1
CK134	Varsity Sport Coaches Offices	18.7	1
CK135	Varsity Athlete Student Study Space	29.4	2
CK136	Varsity Sport Coaches Offices	14.7	1
CK137	Varsity Sport Coaches Offices	14.7	1
CK138	Varsity Sport Coaches Offices	14.7	1
CK139	Varsity Sport Coaches Offices	14.7	1
CK141	Varsity Sport Coaches Offices	18.2	1
CK141.1	George Reed Centre for Visual Communication - Research	13.9	6
CK144	Printer/Copy Room	9.7	1
CK145	Sessional Office Space	9.9	1
CK157	Undergraduate Student Lounge	51.0	4
CK157.1	Storage - KHS Office	15.3	2
CK157.2	Storage- KHS Office	20.7	2
CK157.3	Storage - KHS Office	12.4	2
CK157.4	Undergraduate Student Lounge - Kitchen	6.2	2
CK157.5	Undergraduate Society Office	15.3	2
<i>Undergraduate Student Space (Including VS) (Total)</i>		101.9	
CK158	Aquatics Centre	330.0	0
CK158.1	Aquatics Centre	5.5	0
CK158.2	Aquatics Centre	8.9	0
CK158.3	Aquatics Centre	170.8	0
CK158.4	Aquatics Centre	381.5	0
CK158.5	Aquatic Centre Office	12.4	1
CK158.5.1	Aquatic Centre Storage	4.1	0
CK159	Accessible Washroom and Shower	18.8	2
CK160	Research Lab	198.7	12
CK160.2	Research Lab	222.8	12

Room	Use & Allocation	M ²	Cap.
CK160.2.1	Research Lab	13.0	1
CK160.2.2	Research Lab	13.0	1
CK160.3	Research Lab (Wet)	21.8	0
CK160.4	Research Lab	43.3	0
CK164.1	Faculty Member Offices	15.9	1
CK164.10	Faculty Member Offices	13.8	1
CK164.11	Faculty Member Offices	13.7	1
CK164.12	Faculty Member Offices	13.6	1
CK164.14	Research Lab	16.3	1
CK164.16	Research Lab	79.9	6
CK164.16.1	Research Lab	98.2	24
CK164.16.1.1	Research Lab Storage	1.0	0
Research Space (Primary Function) (Total)		708.0	
CK164.17	Faculty Member Offices	12.6	1
CK164.18	Faculty Member Offices	13.2	1
CK164.19	Faculty Member Offices	13.2	1
CK164.2	Faculty Member Offices	13.3	1
CK164.20	Faculty Member Offices	13.2	1
CK164.21	Faculty Member Offices	13.2	1
CK164.22	Faculty Member Offices	13.1	1
CK164.23	Faculty Member Offices	14.9	1
CK164.24	Faculty Member Offices	13.9	1
CK164.25	Faculty/Staff Offices	13.1	1
CK164.3	Faculty Member Offices	13.3	1
CK164.4	Faculty Member Offices	13.3	1
CK164.5	Faculty Member Offices	13.3	1
CK164.6	Faculty Member Offices	13.3	1
CK164.7	Faculty Member Offices	14.5	1
CK164.8	Faculty Member Offices	13.9	1
CK164.9	Faculty Lounge Area	37.1	14
CK165.1	Athlete Locker Room	38.9	19
CK165.10	Athlete Locker Room	22.6	3
CK165.11	Athlete Locker Room	25.2	6
CK165.13	Athlete Locker Room	25.2	6
CK165.14	Athlete Locker Room	22.8	3
CK165.2	Athlete Locker Room	40.9	41
CK165.3	Athlete Locker Room	40.9	41
CK165.4	Athlete Locker Room	38.9	19

Room	Use & Allocation	M²	Cap.
CK165.5	Athlete Locker Room	38.9	19
CK165.6	Athlete Locker Room	40.9	41
CK165.7	Athletic Therapy Space	40.6	19
CK165.8	Athlete Locker Room	42.7	39
CK166	Teaching/Meeting Room/Multi-Purpose	38.6	12
CK170	Main Office - General Reception	90.8	5
CK170.1	Main Office	25.9	0
CK170.10	Main Office	13.6	0
CK170.11	Main Office	11.8	0
CK170.12	Main Office	11.0	0
CK170.13	Main Office	11.6	0
CK170.13.1	Main Office	18.4	0
CK170.14	Main Office - Dean's Office Kitchen	7.6	0
CK170.15	Main Office - Faculty Boardroom	36.7	0
CK170.16	Main Office Printer/Copy Room	11.1	0
CK170.17	Main Office	6.8	0
CK170.17.1	Main Office - Secure Storage	4.7	0
CK170.18	Main Office	24.8	0
CK170.19	Main Office	20.5	0
CK170.2	Main Office	10.1	0
CK170.20	Discovery Meeting Room	9.4	0
CK170.21	Main Office - Kitchen/Lounge	10.3	0
CK170.22	Main Office - Founders Meeting Room	11.6	0
CK170.23	Main Office	9.4	0
CK170.24	Storage	8.1	0
CK170.3	Main Office	10.1	1
CK170.4	Main Office	10.9	1
CK170.5	Main Office	10.1	1
CK170.6	Main Office	28.9	1
CK170.7	Main Office	13.6	1
CK170.8	Main Office	28.9	1
CK170.9	Main Office	13.6	8
CK172	Main Office - Rec Sport Student Office	30.2	1
CK173	Varsity Board Room	30.5	5
CK175	Teaching Lab/Multi-purpose Space	105.9	23
CK176	Ram/Football Space	36.3	1
CK176.1	Ram/Football Space	20.8	1
CK176.10	Ram/Football Space	6.5	1
CK176.2	Ram/Football Space	20.5	1
CK176.3	Ram/Football Space	24.3	1

Room	Use & Allocation	M²	Cap.
CK176.4	Ram/Football Space	27.5	9
CK176.5	Ram/Football Space	25.6	4
CK176.5.1	Ram/Football Space	2.6	1
CK176.6	Ram/Football Space	52.1	0
CK176.7	Ram/Football Space	227.4	70
CK176.7.1	Ram/Football Space	20.5	2
CK176.7.2	Ram/Football Space	16.8	8
CK176.7.3	Ram/Football Space	33.1	7
CK176.7.4	Ram/Football Space	23.0	12
CK176.7.5	Ram/Football Space	2.8	0
CK176.8	Ram/Football Space	3.6	0
CK176.9	Ram/Football Space	30.6	0
CK176.9.1	Ram/Football Space	13.0	0
CK177	Pelton Room - Rams	110.9	50
CK177.1	Pelton Room - Rams	2.7	0
CK177.2	Pelton Room - Rams	3.8	1
CK177.3	Pelton Room - Rams	3.8	1
CK177.4	Pelton Room - Rams	2.2	0
CK178.1	Athlete Locker Room	40.8	24
CK178.1.1	Athlete Locker Room	13.4	2
CK181	Gym 3	2320.4	2082
CK181.2	Storage Gym 3	85.5	0
CK181.2.1	Storage Gym 3	1.7	0
CK181.2.2	Storage Gym 3	11.5	0
CK181.2.3	Storage Gym 3	17.2	0
CK181.2.4	Storage Gym 3	17.2	0
CK181.2.5	Storage Gym 3	17.2	0
CK181.2.6	Storage Gym 3	17.2	0
CK181.2.7	Storage Gym 3	17.2	0
CK181.2.8	Storage Gym 3	17.2	0
CK181.2.9	Storage Gym 3	10.3	0
CK188	Live Stream Studio/Teaching Lab	28.6	10
CK206	Aquatics Centre Viewing	147.6	246
CK210.1	Athlete Training Centre/Teaching Lab	20.2	3
CK210.2	Athlete Training Centre/Teaching Lab	2.9	0
CK210.3	Athlete Training Centre/Teaching Lab	3.6	0
CK210.4	Athlete Training Centre/Teaching Lab	2.6	0
CK210.5	Athlete Training Centre/Teaching Lab	2.7	0
CK210.6	Athlete Training Centre/Teaching Lab	229.9	49

Room	Use & Allocation	M ²	Cap.
<i>Athlete Training Centre/Teaching Lab (Total)</i>		261.9	
CK210.6.1	Gym 1 Viewing Platform (Video/Live Stream)	8.4	5
CK210.7	Athlete Training Centre	79.4	17
CK210.7.1	Athlete Training Centre	4.7	0
CK216	Sport Science Medicine Council Space	10.0	1
CK219	Classroom/Teaching Lab/Multipurpose (Hybrid Space)	96.0	30
CK219.1	Storage for Teaching Lab	8.9	0
CK222	Classroom/Teaching Lab/Multi-purpose Space (Hybrid Space)	359.8	60
CK222.1	Teaching Lab Storage	43.0	0
<i>Teaching/Multi-purpose Space Total</i>		1190.8	
CK224	FLC - Front Desk	16.2	2
CK224.1	FLC Trainer Space	21.6	1
CK224.10	FLC - Track	1157.9	0
CK224.10.1	FLC - East End Inside Track	170.5	42
CK224.10.1.1	FLC - East End Outside Track	465.2	42
CK224.10.3	FLC - West End Outside Track	401.4	73
CK224.10.3.1	FLC - West End Inside Track	170.5	42
CK224.2	FLC - Coats	14.0	1
CK224.4	FLC - Storage	13.9	0
<i>FLC Total</i>		2431.2	
CK224.5	CHWP	36.0	2
CK224.5.1	CHWP	9.4	4
CK224.5.2	CHWP	11.3	2
CK224.5.3	CHWP	12.7	0
CK224.5.4	CHWP	11.5	1
CK224.9	Storage - General	9.3	0
CK225	CHWP	35.0	2
CK225.1	CHWP	71.8	3
CK225.10	CHWP	10.9	1
CK225.11	CHWP	10.0	2
CK225.12	CHWP	10.9	1
CK225.13	CHWP	9.5	2
CK225.14	CHWP	10.2	2
CK225.15	CHWP	0.3	0
CK225.16	CHWP	21.4	2

Room	Use & Allocation	M²	Cap.
CK225.17	CHWP	10.2	2
CK225.18	CHWP	11.1	1
CK225.19	CHWP	4.7	1
CK225.2	CHWP	27.4	5
CK225.20	CHWP	10.5	2
CK225.22	CHWP	15.2	3
CK225.23	CHWP	7.4	5
CK225.3	CHWP	35.3	2
CK225.4	CHWP	71.4	6
CK225.5	CHWP	8.4	0
CK225.6	CHWP	9.3	2
CK225.7	CHWP	10.1	2
CK225.8	CHWP	9.2	2
CK225.9	CHWP	9.8	2
	Total CHWP	500.9	
FB101	Turf Storage Building	50.2	0
FB101.1	Turf Storage Building	11.1	0
FB101.2	Turf Storage Building	11.0	0
FB101.3	Turf Storage Building	10.9	0
FB101.4	Turf Storage Building	10.4	0
FB101.5	Turf Storage Building	10.4	0

Faculty of KHS Facilities Usage Policy attached in Appendix 2

Faculty of KHS Facility Maps attached in Appendix 3

2.2.2. Research Space

Refer to previous section

2.2.3. Specialized teaching & research equipment/instrumentation

In this section we have included all of the specialized equipment, since much of it is used in multiple ways: research, teaching, or community outreach programs. As noted in the Facilities Policy (Version 2) (included in the Appendices), particular space is assigned priority usage by a particular function (e.g., teaching, research, varsity sport, revenue, etc.) and/or a particular time of the day/week/year. Our goal has been that, with very few exceptions (e.g., CFI funded equipment/space during the first 5 years) a similar priority system would be assigned to faculty's inventory of equipment. Moreover, just as with the space, the various teams/members/students of the Faculty are able to reserve equipment for specific use at particular time (e.g., a graduate student reserves the track and some specialized equipment for a particular period of time to finish data collection).

The following table lists the equipment along with current/proposed location:

Equipment	Location	Notes
Anatomy models	CK 219	
Bod Pod	CHWP	
BP Cuffs	Various	
Centrifuge	LabSuite	
Cybex - Refurbished KinCom Dynamometer	LabSuite	
Cybex (new)	CHWP	
Cybex (old)	LabSuite	
Cybex (really old)	CK 175/Sell	
Digitimer electrical stimulator	LabSuite	
Dual Energy X-ray Absorptiometry (DEXA)	LabSuite	
Dynavision D2	LabSuite	
ECG (Yellow)	CHWP	
Ergoline stationary bike	LabSuite	
Finometer	LabSuite	
Fit Lights	LabSuite	
Floor-mounted force plates (2)	LabSuite	

Equipment	Location	Notes
Force Plate Treadmill	LabSuite	
Force plates (2 - Floor Mounted)	LabSuite	
Force transducer set up (pinch grip, hand grip, wrist flex/ext, amplifiers)	LabSuite	
Freezer (-80)	LabSuite	
Freezer (Regular)	LabSuite	
Functional electrical stimulation bike	CHWP	
Functional electrical stimulation Xcite system	CHWP	
Goniometers	Various	
HR Monitors	Various	
Hypoxic Chamber	LabSuite	
Jump Mat	AHPi ATC	
Metabolic Cart (BxB)	LabSuite	
Metabolic Cart (Newer) with RMR	LabSuite/CHWP	
Metabolic cart (Old)	LabSuite	
Mobile Force Plate	LabSuite	
Monark Cycle Ergometers	Various	
Motion capture system	LabSuite	
Muscle Ultrasound	LabSuite	
Neurotracker	LabSuite	
NIRS Oxymon	LabSuite	
NIRS Portalite	LabSuite	
NIRS Portamon	LabSuite	
Oscilloscope	LabSuite	
Polar Team	AHPi ATC	
Powerlab (DAQ, amplifiers)	LabSuite	
SECA	CHWP	
Skinfold Calipers	Various	
Spirometer	CHWP	
Stethoscopes	Various	

Equipment	Location	Notes
Stop Watches	Various	
Surface electromyography system	LabSuite	
Tape Measures	Various	
Transcranial Doppler	LabSuite	
Transcranial Magnetic Stimulation (repetitive)	LabSuite	
Transcranial Magnetic Stimulation (single and paired pulse)	LabSuite	
Treadmills	Various	
Velotron Cycle Ergometer	LabSuite	
Vibration Plates	LabSuite	
Weight Equipment	LabSuite/ATC	

2.2.4. Research institutes, clusters, or specialized labs

The Faculty of Kinesiology & Health Studies does not house any in-house research institutes. However, two faculty members (Drs. James Daschuk and Elizabeth Cooper) are members of the Saskatchewan Population Health and Evaluation Research Unit (SPHERU), a University of Regina / University of Saskatchewan research centre.

Individual researchers, particularly those in the bio-sciences side of KHS, have lab space dedicated to their research interests (e.g., sport psychology; epidemiology; concussion testing; motor control; biomechanics; nutrition; exercise physiology).

KHS has established a critical mass of researchers in the area of brain health and movement. Although not a formal institute, centre, or cluster, they are informally working together as a *Brain Health Hub*. The group includes Drs. John Barden, Holly Bardutz, Paul Bruno, Patrick Neary, and Kim Dorsch and their graduate and undergraduate students. They are involved in research in the areas of brain health and sleep, attention, cognitive training, sport and health psychology, neurophysiology, motor control, rehabilitation for individuals with stroke or MSc, and brain physiology and concussions. In addition to the research they conduct, members of the Brain Health Hub are involved in brain health and movement programming offered in our Faculty. The Centre for Health, Wellness and Performance offers Brain Fitness classes and the Rock Steady Boxing program for adults with Parkinson's disease. Enrich Neurorehab, established by Dr. Mang, provides individually-designed exercise and task-oriented movement training programs for adults with neurological conditions. The *Athlete Health and Performance initiative* (AHPi) provides applied, educational, and research opportunities to all varsity athletes, undergraduate and graduate students, and faculty members. For researchers interested in brain health, physical activity, and cognitive functions, it serves as an opportunity to study concussions and mental health among high performance athletes.

The Athlete Health and Performance Initiative (AHPi) has been an important project for the Faculty of Kinesiology and Health Studies. This initiative seeks to build on (a) our faculty members' academic and research expertise, (b) the very specialized research, rehabilitation, and training equipment we have, (c) the applied expertise of our athletic therapists, exercise therapists, and training consultants, and (d) our many training and research spaces.

Drawing on these resources, the Athlete Health and Performance initiative will provide: (a) specialized testing, training, and support for our Cougar and Ram athletes, (b) research opportunities for our faculty members and students, (c) applied learning and training opportunities for our students, and (d) services for the elite athlete community in Regina and southern Saskatchewan.

The Faculty, in partnership with the University of Saskatchewan's College of Kinesiology, is exploring the creation of a 3 year pilot project tentatively referred to as the *Saskatchewan Physical Activity Hub*. This virtual hub would host physical activity/health promotion resources for the community to use, host knowledge translation events, and allocate research seed funding in support of community-based research projects designed to increase levels of youth physical activity in the province of Saskatchewan. The details of this partnership will be finalized at both institutions in the coming months.

3. SCHOLARLY OUTPUT

3.1.1. Summary

Faculty member	Google Scholar*			Web of Science		
	# citations;	h-index;	i10	# citations;	h-index;	citation percentile
John Barden: FP; <i>Biomechanics</i>	991	16	21	511	12	58
Holly Bardutz: RA; <i>Brain Health</i>		1			n/a	
Paul Bruno: AP; <i>Motor Control</i>	266	11		223	9	49
Darren Candow, FP; <i>Exercise Physiology</i>	5048	37	59	2370	28	59
Elizabeth Cooper: ASP; <i>Health</i>	59	5			n/a	
James Daschuk: FP; <i>History, Indigenous Health **</i>	9	2		0	0	0
Kim Dorsch: FP; <i>Sport Psychology</i>	754	13		396	12	63
Michael Dubnewick: ASP; <i>Community Development in Recreation</i>	105	5	3	26	3	62
Rebecca Genoe: FP; <i>Leisure & Aging</i>	1029	19	24	420	12	68
Katya Herman: AP; <i>Sedentary Behaviour & Epidemiology</i>	1489	12	13	1848	13	65
Larena Hoeber: FP; <i>Sport Management</i>	1883	23	31	639	14	78
Tristan Hopper: ASP; <i>Community-based Recreation</i>	155	5	4	56	4	52
Roz Kelsey: ASP; <i>Indigenous Health</i>		n/a			n/a	
Cory Kulczycki: AP; <i>Place & Recreation</i>	191	8		82	4	92
June LeDrew: FP; <i>Children's Health & Movement</i>	1	1			n/a	
Cameron Mang: ASP; <i>Motor Learning</i>	1493	18	20	1040	16	74
Patrick Neary: FP; <i>Exercise Physiology</i>	1062	19		906	12	52
Harold Riemer: FP; <i>Sport Management</i>	507	9		494	9	73
Brenda Rossow-Kimball: ASP; <i>Leisure & Intellectual Disabilities</i>	83	5		66	5	51
Julia Totosy de Zepetnek: ASP; <i>Nutrition</i>	533	13		298	9	51

Legend: ASP – Assistant Professor; AP – Associate Professor; FP – FP; RA – Research Associate

Notes: Figures reported for February 10 and 11, 2022; Scholarly output for instructors (Doug Cripps; Barclay Dahlstrom; Erica O'Neill; Brandy West-McMaster) is not reported as it is not a requirement of their position.

*Not all faculty members have activated their Google Scholar profile. For those who did not, I have reported their Scopus metrics (# citations; h-index). **The impact of Dr. Jim Daschuk's award winning book "Clearing the Plains" is not adequately reflected in these metrics, which favours journal articles. On Google Scholar, his book has been cited 684 times.

3.1.2. Statistical summary of published and accepted scholarly work over the last ten years

	Number	Notes
Refereed journal articles	342	
Refereed conference proceedings	15	Most disciplines in our faculty do not publish conference proceedings. Much of this activity is captured under “other scholarly output” as conference presentations
Technical reports	13	
Book chapters	29	
Books	4	Dr. Daschuk’s award winning book – Clearing the Plains
Professional creative activity (specify):	Creation and distribution of newsletters (1)	
	Videos (2)	
	Blogs (2)	
	Podcasts (6)	
	Documentary (1)	
	Online guide (1)	
	Online teaching guide (1)	
Other scholarly output (specify):	Conference presentations (388)	

The CVs of Faculty members (highlighting activity over the last 10 years are provided in Appendix 4.

3.1.3. Grants and Contracts

Principal Investigator(s)	Funding Agency	Total Amount (% Assigned To Unit)	Dates
John Barden	Government of Saskatchewan – University of Regina OER Publishing Program Big Project Grant	24932	2021-23
	Own the Podium	96500	2017-18
	Own the Podium	103600	2016-17
	Own the Podium	110700	2015-16
	Saskatchewan Health Research Foundation – Collaborative Innovation Development Grant	46799	2017-19
	University of Regina SSHRC General Research Grant Fund / President’s Fund	4000	2013-14
Holly Bardutz	University of Regina Development	300000	2015-16
Paul Bruno	Canadian Chiropractic Research Foundation Equipment Grant	10000	2012
	Saskatchewan Workers Compensation Board	45000	2021-23
	Saskatchewan Health Research Foundation	95384	2014-17
	University of Regina SSHRC General Research Grant Fund / President’s Fund	1433	2012

Principal Investigator(s)	Funding Agency	Total Amount (% Assigned To Unit)	Dates
Darren Candow	CIHR	3000	2011-12
	CIHR	99212	2012-13
	CIHR Subgrant	33244	2012-13
	CIHR Subgrant	66488	2013-14
	Nutricia Research Foundation Operating Grant	72000	2010-12
	University of Regina President's Fund	4950	2021-22
Elizabeth Cooper	CIHR	673200	2019-20
	Saskatchewan Health Research Foundation	119911	2019-20
James Daschuk	CIHR Catalyst Grant	150000	2018
	CIHR – Indigenous Gender & Wellness Development Grant	75000	2020-21
	Department of Citizenship and Immigration Canada		2017
	Moosomin First Nation		2020
	SSHRC – Indigenous Research Capacity and Reconciliation Connection Grant	50000	2018
	Touchwood Agency Tribal Council – Labour Force Development Program Grant	5343	2013
	Treaty Six Agricultural Rights, Maurice Law		2016-18
	University of Regina Humanities Research Institute	1000	2013
	University of Regina SSHRC General Research Grant Fund / President's Fund	4900	2013
	Vancouver Island Treaties, Kelliher & Turner		2016 - present

Principal Investigator(s)	Funding Agency	Total Amount (% Assigned To Unit)	Dates
Kim Dorsch	Coaching Association of Canada	7000	2013-14
	Coaching Association of Canada	7000	2015-16
	University of Regina Development	225000	2015-16
Michael Dubnewick	Saskatchewan Health Research Foundation	107976	2021 -
	SSHRC IDG	69156	2021-23
	University of Regina President Seed Grant & SSHRC Explore Grant	5000	2020-23
	University of Regina Tri-Agency Cohort Program	3000	2020-22
Rebecca Genoe	Canadian Association of Leisure Studies Conference Fund	1000	
	Saskatchewan Health Research Foundation	31000	2011-13
	SSHRC	96550	2018-19
	SSHRC	33460	2012-13
	SSHRC	58814	2015-16
	SSHRC Subgrant	9562	2015-17
	University of Regina Conference Fund	1200	2017-18
	University of Regina SSHRC General Research Grant Fund / President's Fund	5000	2011-12
	University of Regina Teaching and Learning Scholars Conference Fund	1500	2013
	University of Regina Tri-Agency Cohort Program	4000	2017-18

Principal Investigator(s)	Funding Agency	Total Amount (% Assigned To Unit)	Dates
Katya Herman	Saskatchewan Health Research Foundation	120000	2014-15
	Saskatchewan in motion	5750	2015-16
	University of Regina President's Fund	5000	2013-15
	University of Regina President's Seed Grant	5000	2016-18
	University of Regina President's Seed Grant	5000	2019-21
	University of Regina VP Research Scholarship Research Award	2000	2013-15
Larena Hoerber	University of Western Ontario	3000	2019-20
Tristan Hopper	SSHRC - IDG	61860	2021-23
	SSHRC - PEG	23482	2021-22
	University of Regina Community Engagement Fund	2500	2020-21
	University of Regina President Seed Grant & SSHRC Explore Grant	5000	2020-23
Roz Kelsey	Saskatchewan Status of Women	7500	2015
	Saskatchewan Status of Women	5000	2016
	University of Regina – President's Office	10000	2015
	University of Regina – Athlete Travel Bursaries, President's Office, Rams Football Club	12000	2015-18
	University of Regina Women's Centre	2000	2015
	University of Regina – President's Office – Special Project Grant	82500	2016-17

Principal Investigator(s)	Funding Agency	Total Amount (% Assigned To Unit)	Dates
	University of Regina – Faculties & Administrative Units	20600	2016-17
	University of Regina – Sustainable and Community Engagement Fund	2500	2015
Cory Kulczycki	Saskatchewan Hockey Association	3018	2013-14
	Special Olympics Canada	7000	2015-16
	University of Regina – SSHRC General Research Grant & President’s Fund	4740	2014
	University of Regina – SSHRC General Research Grant & President’s Fund	3105	2017
June LeDrew	Sask Sport Inc.	24000	2012-13
	Sask Sport Inc.	6240	2014-15
	Sask Sport Inc.	12000	2016-17
Cameron Mang	Saskatchewan Centre for Patient-Oriented Research	8000	2020-21
	Saskatchewan Centre for Patient-Oriented Research	1900	2018-19
	Saskatchewan Centre for Patient-Oriented Research	10000	2019-20
	Saskatchewan Centre for Patient-Oriented Research	1500	
	University of Regina – Community Engagement Grant	2500	
	Saskatchewan Health Research Foundation	119946	2021-22
	University of Regina Tri-Agency Cohort Program	3000	

Principal Investigator(s)	Funding Agency	Total Amount (% Assigned To Unit)	Dates
Patrick Neary	Government of Canada - Department of National Defense	20750	2013-14
	LLA Technologies Inc	60000	2012-13
	LLA Technologies Inc	4000	2019-20
	Mitacs	30000	2017-18
	Mitacs	45000	2019-20
	NSERC	114000	2011-12
	RCMP	24500	2019-20
Harold Riemer	University of Regina Development	1500000	2018-19
Brenda Rossow- Kimball	Canadian Centre on Disability Studies	5000	2011-12
	University of Regina – President’s Research Seed Grant	4627	2017
	University of Regina - Humanities Research Institute	3823.92	2019
	University of Regina – Humanities Research Institute	4000	2021
Julia Totosy	Canada Foundation for Innovation	68000	2018-19
	Innovation Saskatchewan	68000	2019-20
	Saskatchewan Health Research Foundation	119997	2019-20

The CVs of Faculty members (highlighting activity over the last 10 years are provided in Appendix 4.

4. COMMUNITY SERVICE INITIATIVES

Historically, the Faculty has been substantially involved in community initiatives. Some of these have been carried out (a) as an initiative of the Unit (or an element of the Unit, e.g., Centre for Health, Wellness, & Performance; Varsity Sport, TRAP, etc.), (b) as a component of an undergraduate or graduate course, or (c) as a dimension of research activity. Some of the programming/activities began as a research activity and developed into outreach activity over time. A brief overview of some of this activity is provided below.

1. The KIN/SRS 120 practicum experience has been a 25+ year partnership with the Catholic School Board that sees elementary and highschool students with disabilities engaging in physical activity programming with undergraduate students. In recent years, partnerships with other community groups have allowed for adults with disabilities to interact with undergraduate students as well.

2. In the three years prior to COVID the Faculty has hosted a Nutrition and Sport Performance Conference each fall. Organized by Darren Candow, the one-day event provided the Saskatchewan community access to top researchers (and their work) in the area. We partnered with professional bodies to allow participation to be used for needed professional development credits.

3. June LeDrew, in partnership with Sask Volleyball created an experiential learning experience (Saskapalooza) in KIN 180 Growth & Development and KHS 139 Movement Education where university students offer a free active, healthy living program for elementary school children. The university students filled the roles of activity coaches, life coaches, managers, fundraisers, transportation and food services in this children's program.

4. Several of our junior faculty members have been involved in community outreach as part of their research program. Tristan Hopper and Michael Dubnewick work with Growing Young Movers, an after-school recreation, sport, and wellness program at the māmawêyatitân centre in Regina that is facilitated by youth leaders for young people.

Tristan has also been involved Rec on Wheel & Hockey Helps the Homeless. Through a partnership with Hockey Helps the Homeless, Rec on Wheels is a mobile, wellness-based, program that supports youth experiencing homelessness in engaging in meaningful activity (i.e., sports, physical activity, creative arts).

Cameron Mang delivers ENRICH, a community exercise program delivered in the CHWP for adults with chronic neurological conditions. ENRICH programming is directly integrated with research activities and provides experiential learning opportunities for graduate and undergraduate student volunteers.

5. Roz Kelsey lead and developed the internationally recognized Man Up Against Violence project; an initiative aimed at highlighting the prevalence of violence in Saskatchewan, and the role all citizens can play in the education of, and reduction in, violent offenses. The initiative works in conjunction with the Ministry of Social Services, Saskatchewan Status of Women Office, the Ministry of Justice, and the Ministry of Parks, Culture, and Sport. Programming and events ran from it's inception in 2014 to 2019 and included an international speaker series, leadership certificate program, host of the Saskatchewan Provincial Antiviolence Week, formal documentary and film screenings as well as social and political rallies and more. Info here:

6. The specialized programming provided through the Centre for Health, Wellness, and Performance provides opportunities for student learning and benefits to the community: The Paul Schwann Love2Live Program (Cardiac & Chronic Disease rehabilitation/management), Rock Steady (Parkinson Disease), various employment screening activities (POPAT, PARE, Figherfighter Testing – carried out in partnership with the Regina Police Services, Regina Fire Services, other public agencies)



7. In 2018, the biennial Therapeutic Recreation provincial conference, TR Innovations, was hosted in Regina by the Regina Therapeutic Recreation Association with significant financial and in-kind support from KHS. The conference, themed "Stronger Together Towards Tomorrow" featured Dr. Susan Hutchinson who shared findings from her Steps to Connect leisure education program, along with several breakout sessions.

8. Originally developed as part of a former faculty member's research activity with children who had autism spectrum disorder, this 8-week program has developed into an opportunity for all children. The program focuses on the development of FUNDamental movement skills and promoting participation in physical activity. This program is run by students (KHS and Education).

Information provided in faculty member CVs also provides information about individual member involvement with local community initiatives or boards. Generally, this activity is related to their research and/or teaching interests. Refer to Appendix 4 (Faculty member CVs) for more information.

5. PROGRAMS OFFERED

5.1. Programs

Undergraduate:

General Admission Requirements:

BKIN: Minimum Highschool Average of 70% in 5 courses that include English Language Arts A30, B30, Pre-Calculus 30, One Science 30, One Elective

BSRS: Minimum Highschool Average of 70% in 5 courses that include English Language Arts A30, B30, Foundations of Math 30 or Pre-Calculus 30, One Science 30, One Elective

More detailed admission information found in Appendix 5.

General Graduation Requirement:

BKIN & BSRS: Minimum program GPA of 60%; Major GPA of 65%

BSRS Internship: Minimum program GPA of 70%; Major GPA of 75%

Honours Designation: Minimum program GPA of 70%; Major GPA of 75%

Additional details may be found in Appendix 6.

The Faculty offers the following Undergraduate Programs for Credit:

BKIN - Bachelor of Kinesiology (120 Credit Hours)

Core Courses: 54 Credit Hours

Major: 33 Credit Hours

Fieldwork: 15 Credit Hours (9 hours P/F)

Electives: 18 Credit hours

Non-credit requirements: KHS 300, Bus 007, KHS 100/KIN 101 Seminar

Majors: Human Kinetics, Gerontology, Health Promotion, Physical Literacy (Joint Degree with BEd only), Athletic Therapy (effectively suspended at this time)

Other: Honours Designation (Project Based); Human Kinetics Major Concentrations: High Performance, Adaptation & Rehabilitation

Joint Degree Program: BKin (Physical Literacy)/Bed (HOPE areas) (150 Credit Hours)

Minor in Kinesiology (18 Credit Hours) – Available to non BKin students across the campus

BSRS - Bachelor of Sport & Recreation Studies (120 Credit Hours)

Core: 51 Credit Hours

Major: 39 Credit Hours

Fieldwork: 15 Credit Hours (9 hours P/F)

Electives: 15 Credit Hours

Non-credit requirements: KHS 300, Bus 007, KHS 100/KIN 101 Seminar

Major: Sport & Recreation Management, Therapeutic Recreation

BSRS (Internship) - Bachelor of Sport & Recreation Studies Internship (120 Credit Hours)

Core: 51 Credit Hours

Major: 48 Credit Hours (Sport & Recreation Major)

Electives: 21 Credit Hours

Non-credit requirements: KHS 300, Bus 007, KHS 100/KIN 101 Seminar, KHS 001-003 (Internships)

Joint Degree Program: BBA/BSRS Internship (150 Credit Hours)

BHS - Bachelor of Health Studies

Core Areas:

Basic and Breadth Courses: 24 Credit Hours

Research Methods: 12 Credit Hours

Indigenous Health Courses: 15 Credit Hours

Health & Society: 6 Credit Hours

Health Studies: 12 Credit Hours

Fieldwork: 15 Credit Hours (9 hours P/F)

Electives: 12 Credit Hours

Open Electives: 24 Credit Hours

Non-credit requirements: KHS 300, Bus 007, KHS 100

Optional Concentration: Indigenous Health & Well Being (33 Credit Hours)

D.HS - Diploma in Health Studies 60 Credit Hours

C.HS - Certificate in Health Studies 30 Credit Hours

Detailed information from the University Calendar regarding all Undergraduate programs may be found in Appendix 6.

Detailed course information may be found in Appendices 6a, 6b, 6c.

A completed internal review of the BKIN program (in anticipation of the formal external review) may be found in Appendix 7.

Feedback from mostly undergraduate students regarding their experiences (n=136; 13 graduate student responses are also included in the total) is provided in Appendix 7a.

Feedback from recent fieldwork students (n=32) regarding their experiences with that part of the program is provided in Appendix 7b

Graduate Programs

General Admission Requirements: 70% average in a related Undergraduate degree and willingness of a faculty member to supervise the student.

General Graduation Requirements: Successful completion (70% GPA) of 30 credit hours (15 credit hours of course work), successful thesis proposal meeting, and successful defense of the thesis document.

MSc – Master of Science in Kinesiology & Health Studies 30 Credit Hours

Core: 9 Credit Hours
Elective: 6 Credit Hours
Research/Thesis: 15 Credit Hours

Ph.D. – Doctor of Philosophy – Kinesiology & Health Studies 60 Credit Hours

Core: 6 Credit Hours
Elective: 6 Credit Hours
Research/Thesis: 48 Credit Hours

Detailed information regarding graduate admissions and the graduate programs are provided in Appendix 8.

An overview of the Special Case BKin program may be found in Appendix 9.

An overview of the proposed Masters of Sport and Recreation Management is also found in Appendix 9.

5.2. Service teaching in support of other programs

- KHS 131 – Elective Credit regardless of program
- KHS 132 - Elective Credit regardless of program/supports Education degree
- KHS 135 – Elective Credit regardless of program /supports Education degree
- KHS 139 – supports Education degree programs
- KHS 231 – supports Education degree programs
- KHS 232 – supports Education degree programs
- KHS 233– supports Education degree programs
- KIN 105 – satisfies Indigenous course requirement in Arts
- KIN 110 – satisfies Science, Culture & Knowledge requirement in Sociology major
- KIN 120 – supports Education, Elective Credit
- KIN 170 – supports Education, Justice Studies, required KIN minor
- KIN 180 – supports Education
- KIN 260 – supports pre-professional, Nursing, Education
- KIN 261/262 – supports Nursing
- KIN 267 - supports pre-professional, Nursing
- KIN 268 – supports pre-professional, Nursing
- KIN 275 - supports pre-professional, Elective Credit
- KIN 280 – supports Education
- SRS 110 – elective option for minor in Outdoor Education
- SRS 115 - elective option for minor in Outdoor Education

5.3. Enrollment trends

The focus of this summary will be the time period of 2011 through 2021 unless otherwise noted.

Undergraduate Program

1. Graduation/Convocation Data (See Appendix 10 for detailed information)

Overall, between the years 2011 – 2021, the number of students graduating with an undergraduate degree has increased annually over time (from 62 to 141). A longer-term look suggests that the period from 2005 through 2009 saw an initial increase (58 to 114) followed by a decline to about 62 annually for the next three years (2010 – 2012). This was then followed by a gradual increase (77 to 141); approximately an 83% increase over the last nine years.

There are several observations worth noting. First, those graduating with a BKin (Human Kinetics and/Fitness & Lifestyle) have accounted for 50-62% of all undergraduate degrees awarded by the Faculty.

As a percentage of the total number of degrees awarded, the sport and recreation administration/management program has dropped from a high of approximately 33% in 2007 to 10% or less in the past 10 years (with the odd exception). The internship option and joint degree option with Business does not have enough data to draw any conclusions.

While seeing an initial increase between 2011 and 2015 (1 to 16), the number of annual graduates for the Therapeutic Recreation major has level off at a similar level to the sport and recreation management program (approximately 10%).

The Certificate in Health Studies has seen a sharp increase in graduating students since 2017 (6 to 21 dropping to 13 in 2021). The Diploma in Health Studies has also seen a sharp increase, but there are too few data points to draw conclusions.

Overall, there has been limited interest in the Honours option among undergraduate students with almost all honours students in either the Fitness & Lifestyle/Human Kinetics major. Since 2007, only 37 students have completed the Honours designation.

2. Fulltime/Parttime Designation (fulltime is consider 9 credit hours or more/semester) (Refer to Appendix 10 for detail)

Since 201130, the percentage of students enrolled part time has increased from about 7% to over 11 percent in the fall of 202130. There was a short decline in the overall trend in 201730 and 201830 (7.7 % and 6.7% respectively), followed by a rebound in 201930 (back

to 9.1%) and increasing numbers of part time students during the pandemic years (202030 and 202130).

By program, the largest percentage of part-time students are found in the Bachelor of Health Studies program (closing in on 20%) and the Bachelor of Sport and Recreation Studies (again close to 20% in many of those years).

3. Enrolment by Gender (Refer to Appendix 10 for detail)

Between 201130 and 202130, the percentage of women in the undergraduate student complement has remained fairly consistent (range between 58 – 68%; average = 62%). That proportion is similar across degree programs (with the notable exception of the joint degree program with Education, where the ratio is effectively reversed).

4. Enrolment by Non-Degree Designation (See Appendix 10 for details)

The category includes student registration in Certificate and Diploma programs, students who have declared as Pre-Professional students, and students in a qualifying or pathway admission status.

In general, the percentage of students in these categories has remained quite constant (ranging from a low of 12% to a high of 15.6%; average of 14%)

5. Enrolment by Indigenous Students (Self-Declared) (See Appendix 10 for details)

In absolute terms, the number of indigenous students working toward a degree in the Faculty has increased over time (range from 16 to 58, with a high of 65 students during the first year of the pandemic). On a proportion basis, the percentage of indigenous students has been fairly stable over the last ten years (201230 – 202130, range from 5% to 6.8%, average of 5.95%).

6. Enrolment by International Students (Self-Declared) (See Appendix 10 for details)

Our international student participation has increased over time, in absolute and proportional terms, with the largest jump in participation coming in the last three years (from 67 in 201830 to 151 in 202130). The vast majority of our international students over the last 11 years have been participating in either a Certificate, Diploma or Bachelor of Health Studies program (absolutely and proportionally). The BKin program has also seen a jump in participation in the last two years (16 to 36 students), but some of this was certainly due to changing student visa regulations.

Graduate Program

1. Graduation/Convocation Data (See Appendix 10 for detailed information)

The last 10 years have not seen much growth overall in the number of students convocating with a graduate credential (ranges from 2-12, average = 7.75/year). Since the introduction of the Ph.D (special case or formal) we have seen approximately 1 student convocating per annum (ranges from 0 – 2; average since 2010 = 1/year).

2. Graduate Admissions data is difficult to access and track given the current application process provided by FGSR. The table below provides some information about the number of formal applications compared to actual registrations. Information prior to 2016 was not accessible.

Table 1

Information regarding applications to graduate programs, actual number of students registering for programming, and number of students completing in a given semester.

Term	<u>Applied to Program</u>			<u>Registered for the Program</u>			Graduated
	Total	PhD	MSc	Total	Reg PhD	Reg MSc	
201610	2	0	2	2	0	2	2
201620	n/a						
201630	10	2	8	10	2	8	6
201710	2	0	1	1	0	1	
201720	2	1	1	2	1	1	
201730	15	1	14	12	1	11	6
201810	2	0	2	2	0	2	1
201820	1	1	0	1	1	0	
201830	6	1	5	4	0	4	1
201910	2	0	2	2	0	2	
201920	n/a						
201930	12	3	9	10	2	8	2
202010	1	0	1	1	0	1	
202020	n/a						
202030	12	4	8	9	4	5	
202110	3	1	2	1	0	1	
202120	1	0	1	1	0	1	
202130	11	3	8	3	1	2	
TOTALS	82	17	64	61	12	49	18

Detailed reporting on Faculty enrolment trends are provided in Appendix 10

Describe enrollment trends and projections for your unit. The relevant supporting data should be included as an appendix.

5.4. Successes

The faculty was asked to provide their perspectives regarding the successes of our graduates/alumni (both undergraduate and graduate students):

Jenn Schultz (UG) – Program Coordinator with Special Olympics Saskatchewan

Dave Slater (UG/Grad) – Manager of City Projects, Recreation & Cultural Services, City of Regina

Sandra Jackle (UG/Grad) – VP, Regina Exhibition Association Limited

Patrick Ash (UG/Grad) – CEO, Endurance Journey

John Odgers (UG) – Strength & Conditioning Coach, LA Kings (NHL)

Faye Matt (UG) – Executive Director, Special Olympics Saskatchewan

Leslie Genoway (UG) – Successful local entrepreneur in fitness and food/beverage sector

Kelly McClintock (UG) – Executive Director, Saskatchewan Hockey Association

Bonnie Cummings Vickaryous (UG) – Executive Director, Astonished!

Jacob Sawa, Amanda Kleisinger, Claudia Garcia-Thibodeau (UG) – all practicing physicians in Saskatchewan and elsewhere.

Neil Thatchuk (UG)– Owner, Trench Fitness Regina

Taylor Teckchandani (UG/Grad) – Director of Exercise Physiology & Research, Gateway Alliance, Regina

6. UNIT BUDGET

Budget:

KHS Operating FOAPALs Dashboard Summary for 2021-22 Fiscal Year

FOAPAL	Description	2020-21 Final	2021-22 February	Notes
10000-2710	Dean's Office	\$983,936	\$505,204	
				(Includes 2022 Deficit Contribution Payment)
10000-2711	KHS Admin Services	\$252,261	\$119,332	
10000-2713	Equipment Renewal	\$17,585	\$29,260	
10000-2714	AHPi High Performance Centre	\$(39,218)	\$(33,856)	
10000-2716	KHS Athletic Medical	\$71,628	\$(28,566)	
10000-2719	KHS Lab Operations	\$-	\$-	
10000-2730	Cougar Championship Fund	\$-	\$-	
10000-2741	Community Swim	\$(13,711)	\$47,648	
10000-2742	Summer Sports School	\$(79,001)	\$(36,930)	
10000-2743	Professional Reception	\$1,300	\$1,300	
10000-2745	URFIT	\$(65,856)	\$(61,710)	
10000-2747	Intramural Administration	\$102,640	\$85,133	
10000-2749	Club Sport Administration	\$15,000	\$15,000	
10000-2761	Facility Operations	\$(74,863)	\$(75,130)	
10000-2762	Centre for Health Wellness & Performance	\$(227,727)	\$(199,357)	
10000-2763	Fitness & Lifestyle	\$(145,354)	\$(91,212)	
10000-2776	Pool Operations	\$(7,563)	\$(22,661)	
10000-2721	Varsity Sport Administration	\$145,234	\$149,148	
10000-2729	Varsity Sport Salaries	\$688	\$(75,946)	
Various	Varsity Sport Team Accounts	\$378,570	\$50,946	
10000-2765	Recreation & Athletic Fee Recoveries	\$(1,221,424)	\$(178,357)	
TOTAL CFWD - Regular Operating		\$94,125	\$199,246	

Special Operating FOAPALS (Not part of regular operating FOAPALS)

FOAPAL	Description	2020-21 Final	2021-22 February	Notes
10000-2712	Facility Improvements/Enhancements (CFWD)	\$794,904	\$977,963	

TOTAL CFWD- Special Operating	\$ 794,904	\$977,963	
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Total CFWD Operating Regular and Special	\$889,029	\$1,177,209	
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Additional Information

FOAPAL	Description	2020-21 Final	2021-22 February	Notes
Various	Sponsorship	\$1,000	\$776	
Various	Student Wages	\$326,186	\$268,685	
Various	Athlete Health (KHS Costs)	\$182,378	\$216,273	
Various	Athlete Scholarship Payouts	\$1,267,845	\$1,037,990	Centrally Funded, Donor, and Endowed
25435-2710	Cougar Uniform Fund	\$31,917	\$-	
Various	Club Sport Team Accounts	\$505,237	\$568,090	Faculty Backed Special Purpose

7. SWOT ANALYSIS (STRENGTHS, WEAKNESSES, OPPORTUNITIES, THREATS)

The SWOT analysis is based on feedback provided by 26 full-time members of the Faculty (not just those in the Teaching, Academic, and Research Programming areas). Italicised content are quotes from the feedback. The entirety of the feedback is provided in Appendix 11.

Strengths:

- Fieldwork and the commitment to experiential, as well as hands-on-learning available to our students.

“Numerous examples of experiential learning opportunities for students. These opportunities are beneficial to students and communities, but in some cases they also benefit researchers (win - win - win)”

- Diversity and expertise in our teaching and research. Includes our commitment to teaching, our willingness to embrace innovation, and the diversity of the content students are able to access through their programs.

“Students are taught by faculty with quantitative and qualitative backgrounds. This may seem like a minor point, but each brings different epistemological lenses to knowledge and learning, and thus contribute to a more holistic perspective for students”

“Researchers in our faculty have expertise in diverse topic areas, and I think this provides opportunities for interesting collaborations.”

- Connections to the community through academic and ancillary programming delivered by or through the Faculty.

“Established community connections with both industry and the public”

Weaknesses

- Lack of formal action in the area of Equity, Diversity, & Inclusion (EDI) and Indigenization. Includes perceived lack of commitment to EDI and Indigenization from parts of the Faculty.

“One of KHS's most significant weaknesses is the lack of discussion or consideration with regard to EDI and Indigenization. Faculty members and staff would benefit from anti-racism training and exploration of anti-oppressive pedagogies. I don't think that we do a good job of providing a safe and meaningful learning space for students who are racialized.”

“My assumption is that only social science streams take up Indigenization. I believe this because in conversations with bio-science based colleagues, they do not believe that Indigenization is relevant when teaching body systems, etc. (‘A human, is a human, is a human’ I’ve been told). There may be room to incorporate Indigenous ways of thinking, being, doing into such content, so the message of Indigenization can be a collective message, throughout the faculty.”

- Insufficient resources to support research, the student labs, specialized equipment, and courses being taught. Includes a lack of human resources, specifically graduate students.

“We need more grad students and more TAs to support our experiential learning activities in the labs. There are courses that should have labs that don’t because the resources are inadequate”

“Lack of funding for access to ‘best in industry’ equipment, facilities, and labs”

Opportunities

- Increased opportunities to create new experiential and/or service-learning options for student that connect with and/or partner with the local community (or through other units on campus or in our unit).

“Develop mentorships throughout the educational process that has opportunities in a multitude of potential job fields so our student can enter the workforce with more confidence.”

“I think there are a lot of non-profit groups in the University that could use more volunteers that would give experience to the students as well as pull in the community tie. For example, there is work that can be done with mental health (mental health clinic, Ranch Ehrlo Sports Adventure, etc.).”

“Continue to grow and leverage student experiential learning as a way to make U of R Kin unique from other schools and programs”

- Reaching new students through the use of new and/or innovative non-traditional teaching delivery (including use of technology, micro-credentials, certificate programs, intensive delivery, etc.)

“We could consider offering fully online degrees, particularly since we are trying to increase enrolment and many students are seeking online options.”

“With the success of virtual and hybrid teaching and the resources expended to adapt to COVID there is an opportunity to recruit students to these platforms of learning. Opportunity to combine teaching and learning with research on that virtual and hybrid teaching to inform pedagogy here and in general.”

“Potential for international enrollment increases for certain areas of programming, particular opportunity to reach international students who never come to Regina, or Sask, or Canada with microcredential/badge concepts that do not need physical aspects (i.e., Sport Management theory-type classes vs Physical Therapy physical-component class where it cannot be only taught as theory).”

Threats:

- Current provincial funding challenges as well as the University’s general fiscal challenge. Includes pandemic related challenges, reliance on student enrolment and tuition (domestic/international), differential funding between U of S and U of R, and increased reliance on donor/sponsor related funding.

“Financial (decreased enrolment & decreased revenue opportunities) makes it difficult to invest in new areas of growth”

“Provincial funding - with cut-backs and the recent 2 years of COVID-19, I see this as the main threat to our faculty.”

- Decreased demand for traditional 4-year degrees, and increasing demand for certificate and diploma type programming.

“Dropping enrolment - impacts student success as it limits our resources Students finding alternate ways to attend post-secondary programs”

“...if tuition rises past what people are willing to pay in a challenging economy with shorter and cheaper programs existing as well as the proliferation of non- traditional online learning (badges and microcredentials).”

8. ADDITIONAL MATERIALS PROVIDED FOR REVIEW

Refer to Appendix 12 for other materials provided for reviewer consideration